



ERICA MILLER, PH.D.

## **Erica Miller, Ph.D Speaking Topics**

### **Don't Tell Me I Can't Do It!**

A presentation with the same name as her 2015 book, Dr. Erica Miller shares her unique philosophy that inspires people to live empowered lives. By sharing the beliefs that have successfully guided her life, Dr. Miller shows audiences how to navigate through challenges as they seek to realize their full potential.

#### *Audience Takeaways:*

- *How to turn challenges into opportunities*
- *How to free ourselves from the negative messages with which we were raised*
- *How to evaluate your own journey's path*
- *How to face adversity with courage and determination*

### **The Audacity of Aging With Gusto!**

Having experienced her share of blessings, as well as witnessed so much suffering, Dr. Miller is a natural spokesperson for longevity and vitality. She advocates a life where age and its limitations—whether prescribed or self-imposed—don't dictate where one stands in life. Instead, Dr. Miller demonstrates how to find purpose at any age.

#### *Audience Takeaways:*

- *How to define what "gusto" means to their lives*
- *How to translate that "gusto" into purpose, professional or recreational, or both.*
- *How to overcome actual or self-imposed limits*

### **Passion and Perseverance: Finding Your Strength**

Dr. Miller approaches this topic by teaching the ability to reprogram your mindset if you want something badly enough. From there she builds on inspirational reasons why the audience should start living with a take-charge attitude.

#### *Audience Takeaways:*

- *How to identify your passion*
- *How to persevere—even with little or no support from significant others*
- *How to get creative when you're told, "No"*

### **Living Fearlessly: A Holocaust Survivor's Story**

Dr. Miller provides a bold and inspirational account of her years in a Nazi holding camp. Through her no-holds-barred story of bravery, survival, and relentless accomplishment, Dr. Miller shares what she knows about resilience, confronting fear, and pushing the limits of it all.

#### *Audience Takeaways:*

- *Trenchant, heartbreaking accounts of life as a prisoner in a Nazi camp*
- *How to gain the courage to face fears*
- *How to always be true to oneself*

## **Corporate Grit: Agility and Courage in Business Today**

Spending years as a CEO, Erica Miller knows what it takes to build a company and make it successful in any business economy. Through examples of her own challenges, Dr. Miller focuses on the role communications plays in every facet of corporate and personal life.

### *Audience Takeaways:*

- *Six ways to increase a company's agility*
- *Five most important business agility traits*
- *Eight ways to show off courageous leadership*
- *Techniques for developing business savvy*